FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

20549

STATEMENT OF CHANGES IN BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response 0.5

Section obligati	this box if no lo 1 16. Form 4 or ons may contin tion 1(b).		STATI		d pursu	ant	to Sectio	on 16(a)	of the S	ecuriti	NEFICIA ies Exchanç mpany Act o	ge Ad	ct of 193		SHIP	Estim	Number: ated average but per response:	3235-0287 den 0.5
																olicable) ctor		Owner
(Last) (First) (Middle) C/O STERLING BANCORP, INC. ONE TOWNE SQUARE, SUITE 1900							of Earlies 2019	st Transa	action (N	lonth/	Day/Year)		Officer (give title Other (spe- below) below)					
(Street) SOUTHFIELD MI 48076 (City) (State) (Zip)					4. If <i>i</i>	Ame	endment,	, Date of	Origina	l Filed	I (Month/Da	iy/Ye		6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person X Form filed by More than One Reporting Person				
		Tabl	e I - Non-	Deriv	ative	Se	curitie	s Acq	uired,	Dis	posed o	f, o	r Ben	eficia	lly Own	ed		
Date					Date Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)			4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4				d 5) Secur Benef	icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) or (D)		Price	Trans	action(s) 3 and 4)		(iiisti. 4)
Common	Stock			12/04/	/2019				S ⁽¹⁾		400,000	0	D	\$9.4	B ⁽¹⁾ 12,	107,732	D ⁽²⁾	
		Та	able II - De (e.	erivati .g., pu	ive Se	ecu alls	rities s, warr	Acqui ants, c	red, D option	ispo s, c	sed of, o	or E le s	Benefi ecuri	cially ties)	Owned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	Date,	4. Transac Code (II 8)		ion of		6. Date Exercis Expiration Date (Month/Day/Ye		e	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisa		Expiration Date	Title	or Nur of	ount mber ares				
		Reporting Person* Trust No. 9																
	RLING BA	(First) NCORP, INC. ARE, SUITE 19	(Middle	-)														
(Street)	FIELD	MI	48076	5														

(City) **Explanation of Responses:**

SOUTHFIELD

(State)

(First)

MI

(State)

1. Name and Address of Reporting $Person^*$

C/O STERLING BANCORP, INC. ONE TOWNE SQUARE, SUITE 1900

Rubenstein Erwin A.

(City)

(Last)

(Street)

(Zip)

(Middle)

48076

(Zip)

^{1.} The reporting person contributed the shares of common stock to an exchange fund in exchange for shares of the exchange fund. The common stock was valued at \$9.48 per share for the purpose of determining the number of shares of the exchange fund issuable to the reporting person.

^{2.} These shares are owned directly by the K.I.S.S. Dynasty Trust No. 9 and indirectly by Erwin A. Rubenstein as trustee of the trust.

Rubenstein as Trustee of the K.I.S.S. Dynasty Trust No. 9

/s/ Jeffrey H. Kuras, by Power of Attorney for Erwin A.

12/06/2019 Rubenstein, Individually

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.