Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DС	20549
rvasiliigion,	D.C.	20040

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Kimmel Colleen					Ster	2. Issuer Name and Ticker or Trading Symbol Sterling Bancorp, Inc. [SBT]									k all app Direc	licable) tor er (give title		Owner (specify		
(Last) (First) (Middle) C/O STERLING BANCORP, INC. ONE TOWNE SQUARE, SUITE 1900						3. Date of Earliest Transaction (Month/Day/Year) 03/02/2021								GEN COUNSEL & CORP SECRETARY						
(Street) SOUTHFIELD MI 48076 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(51		Zip) I - No	n-Deriva	l itive S	Secu	rities	Aca	uired.	Dis	posed of	or E	Bene	ficially	/ Own	ed				
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3,			A) or 5. An Secu Bene		ount of rities ficially of Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership					
								Code	v	Amount	(A) (D)	or	Price		ed ction(s) 3 and 4)		(Instr. 4)			
Common Stock			03/02/2	2021				F		829(1)	I)	\$5.39	35,348		D				
Common Stock		03/21/2021				F		299(1)	I)	\$5.69	35,049		D						
Common Stock			03/01/2022				F		838(1)	I)	\$6.09	34,211		D					
Common Stock				03/02/2022				F		1,035(1)	I)	\$6.27	33,176		D				
Common Stock			03/21/2022				F		373(1)	I)	\$6.85	32,803		D					
Common	ommon Stock 04/2			04/23/2	/2022				F		2,225(1)	I)	\$6.88		0,578	D			
Common S	Stock		05/			/2022			A	A 14,926 ⁽²		A	1	\$ 0	45,504		D			
Common Stock														1	,740	I	401(k) Plan			
		Tal									osed of, convertib				Owne	d				
Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)				6. Date Expirat (Month	ion Da		7. Title and Amount of Securities Underlying Derivative Security (Ir 3 and 4)		De Se (In:	rivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownersh Form: y Direct (D or Indirec (I) (Instr.	Beneficial Ownership tt (Instr. 4)		
						V (A) (D)		(D)	Date Exercisable		Expiration Date	Title	Amo or Num of Shar	ber						

Explanation of Responses:

- 1. Represents the withholding of shares of common stock by Sterling Bancorp, Inc. in satisfaction of tax withholding obligations in connection with the vesting of restricted stock previously granted to the reporting person.
- 2. Represents award of restricted stock pursuant to the Sterling Bancorp, Inc. 2020 Omnibus Equity Incentive Plan ("Plan"). The restricted stock will vest over a three-year period as follows: 4,925 shares on May 17, 2023, an additional 4,925 shares on May 17, 2024, and the remaining 5,075 shares on May 17, 2025 subject to continued Service on each such date, or, if earlier, upon death or Disability or a Change of Control, all as specified in the Plan.

/s/ Colleen Kimmel

06/07/2022

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.