Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

1 Name ar	nd Address o	Reporting Person*			_		- ' '		er or Tra		Symbol	. 10.0		5. Re	lationship	of Reporti	ng Pe	rson(s) to Is	ssuer
1. Name and Address of Reporting Person* Wolberg Lyle M.					Sterling Bancorp, Inc. [SBT]									k all app	olicable)				
														^		Director Officer (give title		Other (-
(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year) 01/01/2022								below			below)		
C/O STERLING BANCORP, INC.						_, _ 5_													
ONE TOWNE SQUARE, SUITE 1900						4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable						
(Street)										l '	X Form filed by One Reporting Person								
1 '	FIELD M	I 4	8076											1		filed by Mo		•	
(City)	(St	ate) (2	Zip)																
		Table	I - Nor	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or B	enef	iciall	y Own	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Date,			3. 4. Securities Acquire Disposed Of (D) (Inst S)					Securit Benefic Owned	ities Fo icially (D d Following (I)		n: Direct	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) o (D)	r Pi	rice	Transa	Reported Transaction(s) Instr. 3 and 4)			(Instr. 4)
Common Stock 01/01/2					2022			A		7,500(1)	A	1	\$0.00	21	1,571	D			
Common Stock													1	1,000		I	By Trust		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
				(e.g., pı	ıts, ca	alls, v	warra	ants,	optio	ns, c	onvertib	le sec	uriti	ies)					
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (In	Price of erivative ecurity istr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercis	able	Expiration Date		Amou or Numb of Share	er						

Explanation of Responses:

1. Represents award of restricted stock dated January 1, 2022 pursuant to the Sterling Bancorp, Inc. 2020 Omnibus Equity Incentive Plan ("Plan"). The shares of restricted stock will vest over a three-year period as follows: 2,475 shares on January 1, 2023, an additional 2,475 shares on January 1, 2024, and the remaining 2,550 shares on January 1, 2025 subject to continued Service on each such date, or, if earlier, upon death or Disability or a Change of Control, all as specified in the Plan.

/s/ Lyle M. Wolberg by

Colleen Kimmel, attorney-in- 01/04/2022

<u>fact</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.