Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

ashington, D.C. 20549	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

1. Name and Address of Reporting Person*  Dedrick Tracey A					2. Issuer Name and Ticker or Trading Symbol Sterling Bancorp, Inc. [SBT]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
(Last)			Middle)		3. Date of Earliest Transaction (Month/Day/Year) 01/01/2024								X		er (give title		10% Ov Other (s below)		
C/O STERLING BANCORP, INC. ONE TOWNE SQUARE, SUITE 1900					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)	FIELD M															X Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)			Zip)		Rule 10b5-1(c) Transaction Indication														
(Oity)	(3)	(2			Check this box to indicate that a transaction was made pursuant to a contr satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction									contract, instruction or written plan that is intended to ruction 10.					
		Table	I - Nor	n-Deriva	tive	Secu	rities	Acq	uired,	Dis	posed of	, or B	ene	ficiall	y Own	ed			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da						у	ution Date,		3. Transaction Code (Instr. 8)  4. Securitie Disposed Code (5)					Securit Benefic Owned	5. Amount of Securities Beneficially Owned Following		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code V		Amount	(A) (D)	or P	rice	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock 01/01					2024			A		7,500(1)	A	. ;	\$0.00	30,000		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Dee Execution if any (Month/I		Transaction Code (Instr. 8)		5. Nu of Deriv Secul Acqu (A) or Dispo of (D) (Instr	rative rities ired r osed )	Expiration Day/\(\frac{1}{2}\)		ite	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (Ir	Price of erivative ecurity astr. 5)	itive derivative ity Securities		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	able	or Nu Expiration of		Numb	ber					

## **Explanation of Responses:**

1. Represents award of restricted stock dated January 1, 2024 pursuant to the Sterling Bancorp, Inc. 2020 Omnibus Equity Incentive Plan ("Plan"). The shares of restricted stock will vest over a three-year period as follows: 2,475 shares on January 1, 2025, an additional 2,475 shares on January 1, 2026, and the remaining 2,550 shares on January 1, 2027 subject to continued Service on each such date, or, if earlier, upon death or Disability or a Change of Control, all as specified in the Plan.

> /s/ Tracey Dedrick by Elizabeth M. Keogh, attorney- 01/05/2024 in-fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.