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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION**  
Washington, D.C. 20549

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**FORM 8-K**

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**CURRENT REPORT  
Pursuant to Section 13 or 15(d)  
of the Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported): **February 20, 2018**

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**STERLING BANCORP, INC.**

(Exact name of registrant as specified in its charter)

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**Michigan**  
(State or other jurisdiction  
of incorporation)

**001-38290**  
(Commission  
File No.)

**38-3163775**  
(IRS Employer  
Identification No.)

**One Towne Square, Suite 1900**  
**Southfield, Michigan 48076**  
(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code: **(248) 355-2400**

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Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

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**Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.**

Effective as of February 20, 2018, the Board of Directors of Sterling Bancorp, Inc. (the “Company”), pursuant to its powers under its Amended and Restated Bylaws of the Company and on the recommendation of the Company’s Nominating Committee, appointed Ms. Rachel Tronstein Stewart to serve as a Class III director. Ms. Tronstein Stewart will stand for reelection at the annual meeting of shareholders of the Company in 2020.

Ms. Tronstein Stewart is the president of Gardner-White, a furniture company with multiple locations in the Midwest. Prior to joining Gardner-White Furniture in 2012, she previously worked in clean energy technologies, most recently at the U.S. Department of Energy. She helped to develop the department’s SunShot Initiative, a project to make solar energy cost-competitive with traditional sources of electricity by 2020. Ms. Tronstein Stewart focused on the clean energy portfolio at former President Clinton’s Clinton Global Initiative. Ms. Tronstein Stewart received a BA from the University of Michigan, and an MSc from the London School of Economics. Ms. Tronstein Stewart was recently appointed the Board Chair of New Detroit, a coalition of leaders working towards racial equity in Metropolitan Detroit.

There was no understanding or arrangement between Ms. Tronstein Stewart and any other person pursuant to which Ms. Tronstein Stewart was elected as a director. Ms. Tronstein Stewart is not party to any transaction, or series of transactions, required to be disclosed pursuant to Item 404(a) of Regulation S-K. Ms. Tronstein Stewart will participate in the Company’s director compensation program for non-employee directors.

A copy of the Company’s news release dated February 26, 2018 announcing the appointment of Ms. Tronstein Stewart is furnished as Exhibit 99.1 to this Current Report on Form 8-K and is incorporated in this report by reference. The information in the attached exhibit shall not be deemed filed for purposes of Section 18 of the Securities Act of 1934, as amended, nor incorporated by reference in any filing under the Securities Act of 1933, as amended, except as shall be expressly stated by specific reference in such filing.

**Item 9.01 Financial Statements and Exhibits.**

**(d) Exhibits**

No.	Description
99.1	<a href="#">Company press release dated February 26, 2018</a>

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**Sterling Bancorp, Inc.**

By: /s/ THOMAS LOPP  
Thomas Lopp  
President, Chief Operations Officer and Chief Financial Officer

Date: February 26, 2018



### **Rachel Tronstein Stewart Joins Sterling Bancorp, Inc. Board of Directors**

**Southfield, Michigan, February 26, 2018** — Sterling Bancorp, Inc. (NASDAQ: SBT) (“Sterling” or the “Company”), the holding company of Sterling Bank and Trust, F.S.B., today announced the appointment of Rachel Tronstein Stewart as an independent director of the Company, effective February 20, 2018. The appointment of Ms. Tronstein Stewart expands the Board to nine directors, five of whom are independent directors.

“We are very fortunate to have Rachel join our board,” said Gary Judd, Chairman and CEO of Sterling Bancorp. “Rachel’s deep operational, as well as marketing experience, will be a valuable addition to Sterling and our shareholders. And, adding another independent director to the Board of Directors further strengthens our commitment to strong corporate governance.”

Ms. Tronstein Stewart is currently the President of Gardner-White Furniture, a Michigan furniture retailer founded in 1912. Prior to joining Gardner-White Furniture in 2012, Ms. Tronstein Stewart worked in clean energy technologies, most recently at the U.S. Department of Energy. Rachel helped to develop the department’s SunShot Initiative, a project to make solar energy cost-competitive with traditional sources of electricity by 2020. Previously, Rachel focused on the clean energy portfolio at former President Clinton’s Clinton Global Initiative. Ms. Tronstein Stewart earned an MSc from the London School of Economics and a BA from the University of Michigan. Rachel was also recently appointed the Board Chair of New Detroit, a coalition of leaders working towards racial equity in Metropolitan Detroit.

#### **About Sterling Bancorp, Inc.**

Sterling Bancorp, Inc. is a unitary thrift holding company. Its wholly owned subsidiary, Sterling Bank and Trust, F.S.B., has primary branch operations in San Francisco and Los Angeles, California and New York City, and a loan production office in Seattle, Washington. Sterling offers a broad range of loan products to the residential and commercial markets, as well as retail and business banking services. Sterling also has an operations center and a branch in Southfield, Michigan. For additional information, please visit the Company’s website at [www.sterlingbank.com](http://www.sterlingbank.com).

#### **Contacts:**

##### Investors

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