FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number: 3235-0287 Estimated average burden									
- 1	hours per response	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Wolberg Lyle M.					Ster	2. Issuer Name and Ticker or Trading Symbol Sterling Bancorp, Inc. [SBT]									k all app Direc	tor	ng Per	10% Ov	wner
(Last)	(Fi	rst) (M	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 01/01/2024									Office belov	er (give title /)		Other (s	specify
C/O STERLING BANCORP, INC. ONE TOWNE SQUARE, SUITE 1900					4. If A	If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line)				Filing (Check Applicable	
(Street) SOUTHFIELD MI 48076															X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)						Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Benefi	cially	y Own	ed			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day						Execution Date		Date,	Transaction Disposed Code (Instr. 5)		Disposed C	es Acquired (A Of (D) (Instr. 3,		, 4 and Sec Ber Ow		Amount of curities neficially ned Following ported		n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount			(A) (D)	or Pr	ce	Transa	ction(s) 3 and 4)			(111511. 4)				
Common Stock 01/01/2						2024			A		7,500(1)	A	\$	0.00	00 36,57			D	
Common Stock															1	,000		I	By Trust
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any				5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		nt		9. Number derivative Securities Beneficially Owned Following Reported Transactio (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

1. Represents award of restricted stock dated January 1, 2024 pursuant to the Sterling Bancorp, Inc. 2020 Omnibus Equity Incentive Plan ("Plan"). The shares of restricted stock will vest over a three-year period as follows: 2,475 shares on January 1, 2025, an additional 2,475 shares on January 1, 2026, and the remaining 2,550 shares on January 1, 2027 subject to continued Service on each such date, or, if earlier, upon death or Disability or a Change of Control, all as specified in the Plan.

/s/ Lyle M. Wolberg by Elizabeth M. Keogh, attorney- 01/05/2024 in-fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.